

## Soundbite Script – Broadcast – Not a Typical Pain in the Neck

**SOT: Dr. Sameer Ansar, Endocrinologist, OSF HealthCare**

“The thyroid is a gland that sits in front of your neck. (Demonstration) So this is your Adam’s apple, this is the air pipe and this is where the thyroid sits. So the thyroid is a gland that makes hormone or thyroid hormone in your blood.”

**SOT: Dr. Sameer Ansar, Endocrinologist, OSF HealthCare**

“Mostly if I see a textbook case that will be a woman in her 20s to 40s, especially postpartum, is what we see most of the time. But we can see it at any age, from a newborn to someone who is 95 or 100 years old. But there is a predominance of women compared to men in autoimmune issues especially thyroid disease.”

**SOT: Dr. Sameer Ansar, Endocrinologist, OSF HealthCare**

“Type 1 diabetes is an autoimmune disease where your own body attacks your pancreas and tells your cells not to make any insulin so those are the people who are more prone to developing other autoimmune diseases and thyroid disease falls into that basket.”

**SOT: Dr. Sameer Ansar, Endocrinologist, OSF HealthCare**

“If you feel like you have symptoms with your thyroid do talk to your primary care physician. We do have an easy test where we can find out if your thyroid is hypo, hyper or in a normal state.”