

## Masking in the Classroom: Getting Kids Ready

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**Dr. Samina Yousuf, OSF HealthCare Pediatrician**

“It definitely has to be comfortable. So you may have to go through a couple of different styles, different sizes, to actually arrive at that point. And you don’t want to be having those struggles on the first day of school, or every day in the morning on the first week.”

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**Dr. Samina Yousuf, OSF HealthCare Pediatrician**

“Gradually, maybe having them wear it for this long and that long. Maybe they can get a sticker chart or they could get tokens or whatever reinforcement the parents use, this would be a really good one to reinforce.”

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**Dr. Samina Yousuf, OSF HealthCare Pediatrician**

“The best way children learn – most children who are typical learners – is by seeing. If they see their parents wearing a mask then they will think it’s okay for them to wear a mask, too. So I would highly encourage the parents to wear a mask, definitely when they are going out to a store or whatever, and maybe just in the house and say, ‘well I’m just getting used to wearing my mask, because I think I’m going to have to wear it at work.’”