

## Heading Back to the Classroom in a Positive Headspace (*Interview Transcripts*)

**Marybeth Evans, Licensed Clinical Social Worker, OSF HealthCare Little Company of Mary Medical Center**

“Every year, going back to school creates anxiety in parents and children and teachers – and this is just a different kind of anxiety. I think maybe what people need to do is anticipate that change is always difficult, and once we get used to the change and respect the change I think people will naturally get more comfortable.” (:22)

**Marybeth Evans, Licensed Clinical Social Worker, OSF HealthCare Little Company of Mary Medical Center**

“I think everybody needs to take into consideration the social aspects of COVID on children and needing to be with their peers and needing to have interaction. Also the social effect on parents who have needed to be teacher, worker, mother, and so on.” (:18)

**Marybeth Evans, Licensed Clinical Social Worker, OSF HealthCare Little Company of Mary Medical Center**

“I know a lot of young children that have had bullying issues in the past are very concerned about going back to school, because they’ve been isolated from bullying to a certain extent by attending school online and staying offline in between school.” (:18)

**Marybeth Evans, Licensed Clinical Social Worker, OSF HealthCare Little Company of Mary Medical Center**

“I think teachers need to be aware of that and basically give them some lessons about how this has been good for everybody to have a year free of bullying and we want to keep that going.” (:15)