

Marijuana Use and Heart Attack Risk – Soundbite Transcripts

SOT

Dr. Sudhir Mungee, Interventional Cardiologist, OSF HealthCare Cardiovascular Institute

“The impact is the same. So it's not like smoking cannabis is worst and eating is not, it's the same physiological impact to your body, which is pretty deleterious.” (:11)

SOT

Dr. Sudhir Mungee, Interventional Cardiologist, OSF HealthCare Cardiovascular Institute

“Basically, all these alkaloids as they are called, they raise your heart rate = so tachycardia. They have the potential to make your heart go out of rhythm. So it means because the heart rate goes faster, there is more demand. The supply is the same. So obviously there is a mismatch. And the other thing it does is what we call endothelial dysfunction. The lining of the blood vessels can get damaged because of cannabis, smoking. All of these factors. This is exactly what the causes of heart attacks are.” (:32)

SOT

Dr. Sudhir Mungee, Interventional Cardiologist, OSF HealthCare Cardiovascular Institute

“We have learned our lessons from the impact of smoking in cardiovascular health. Cannabis and alkaloids have potentially the same harmful effect, if not more, compared to, let's say smoking.” (:11)

SOT

Dr. Sudhir Mungee, Interventional Cardiologist, OSF HealthCare Cardiovascular Institute

“You need to be away from the circle of those risks, because these are modifiable. This is in your hands. Your genes are not. Your genetic makeup is not. If you are born into a family, which has high problems related to high cholesterol and stuff, you can't change that. But this, this is in your hands. Change it now for a better future.” (:22)