



## Senior Nutrition Program Celebrates 50 Year Milestone

*OSF Peace Meal is proud to be part of the important program.*

### For immediate release

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**(March 11, 2022 | Bloomington, IL)** — This March, OSF Peace Meal joins the Administration for Community Living and Senior Nutrition Service providers across the country to celebrate the 50<sup>th</sup> anniversary of the national Senior Nutrition Program.

Since 1972, the Senior Nutrition Program has supported nutrition services for older adults. Funded by the Older Americans Act, local senior nutrition programs serve as hubs for older adults (60 and older) to access nutritious meals and other vital services that strengthen social connections and promote health and well-being. [OSF Peace Meal](#) is proud to be one of those programs.

OSF Peace Meal helps older adults in our communities by promoting healthy eating, decreasing social isolation, and improving health. OSF Peace Meal also provides connections to home and community-based services that can support independence and overall well-being. In 2021, the program served 286,762 meals to more than 2,800 people in communities served by OSF HealthCare.

“Before the COVID-19 pandemic even struck, food insecurity and malnutrition in the senior population was a staggering problem in America,” explained Jill Hanson-Murray, manager, OSF Peace Meal.

“The pandemic has only intensified the issue – making even a simple trip to the grocery store difficult or even impossible due to economic difficulties, fear of catching the virus or other hardships. OSF Peace Meal is a resource to help seniors improve their nutrition, sustain their independence and enhance their quality of life through meals, fellowship and a connection to other services they may need.”

For 50 years, senior nutrition services have helped create healthy, strong communities where all members can flourish regardless of their age. That’s why OSF Peace Meal proudly recognizes this milestone anniversary of the national Senior Nutrition Program and its tremendous impact on the health and well-being of older adults in our community.

OSF Peace Meal is available in Champaign, DeWitt, Ford, Iroquois, McLean, Piatt and Livingston counties. These counties are all served by an OSF HealthCare hospital.

To participate in the Peace Meal Senior Nutrition Program, please call (309) 665-5900 or (833) 923-3905 (toll free) and a meal coordinator will assist in the process of getting started.

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