

## **Bathroom trips could be more than an annoyance**

**\*\*\*SOT\*\*\***

**Dr. Ronan Lev, urologist at OSF HealthCare in Alton, Illinois**

“In the past, we were very happy about symptoms relief. Everything was focused on symptoms relief. And if you said, ‘I’m feeling better, took a pill,’ that was fine for us. What we learned over time is that it was causing some damage to patients because as medications were failing, their bladders were making up the difference. Because the bladder is a very, very strong muscle, and we can’t appreciate how strong our muscle is working.” (:24)

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“Men have a tendency to pare down their issues and say, ‘Oh, it’s not an issue. It’s not a problem,’ But if they really think about it, I would say most men compare themselves to yesterday. They don’t compare themselves to what it was a year ago. If they would think about that, they would realize that it’s a lot worse than they really think.” (:18)

**\*\*\*SOT\*\*\***

**Dr. Ronan Lev, urologist at OSF HealthCare in Alton, Illinois**

“If we can do a procedure in the office under very mild sedation and improve your quality of life. When you’re 90, every day counts, not what’s going to happen in a couple of years. So we if we can improve your quality of life, that’s really crucial.” (:13)