

How to shrink your stomach this New Year (Broadcast)

INTRO:

AS THE NEW YEAR BEGINS – MANY PEOPLE SET GOALS FOCUSED ON IMPROVING THEIR HEALTH AND LOSING WEIGHT. FOR THOSE WHO HAVE TRIED DIET... EXERCISE AND EVEN MEDICATION WITHOUT LASTING SUCCESS... THERE IS A NEWER... MINIMALLY INVASIVE OPTION THAT SITS BETWEEN WEIGHT LOSS MEDICATION – AND TRADITIONAL BARIATRIC SURGERY.

TAKE VO

DR. JASON BILL – AN INTERVENTIONAL GASTROENTEROLOGIST WITH OSF HEALTHCARE – OFFERS A BARIATRIC PROCEDURE CALLED ENDOSCOPIC SLEEVE GASTROPLASTY... THAT HELPS PATIENTS JUMP-START LONG-TERM WEIGHT LOSS WITHOUT SURGERY.

THIS PROCEDURE IS PART OF THE OSF BARIATRIC PROGRAM – IN COLLABORATION WITH OSF MISSION PARTNERS AT THE RIVERPLEX WEIGHT MANAGEMENT CLINIC IN DOWNTOWN PEORIA... PROVIDING PATIENTS WITH BOTH MEDICAL TREATMENT AND LONG-TERM LIFESTYLE SUPPORT.

DR. BILL DESCRIBES THE SURGERY AS A NON-SURGICAL... MINIMALLY INVASIVE PROCEDURE... MAKING THIS AN ATTRACTIVE OPTION FOR PATIENTS WHO WANT MORE THAN MEDICATION... BUT ARE NOT READY FOR... OR DO NOT QUALIFY FOR... TRADITIONAL BARIATRIC SURGERY.

TAKE SOT | DR. JASON BILL | INTERVENTIONAL GASTROENTEROLOGIST | OSF HEALTHCARE

“The patients who tend to be most successful are still fairly active and fall in the BMI range of 30 to 40,” Dr. Bill adds. “They’re motivated, they’ve tried diet and exercise, but they just can’t get over that hump. This can be a great starting point.”

VO TAG

RECOVERY IS TYPICALLY SMOOTH AND STRAIGHTFORWARD. PATIENTS WHO UNDERGO THE PROCEDURE... GO HOME 1-2 HOURS AFTER IT’S DONE. MILD ABDOMINAL DISCOMFORT... AND NAUSEA ARE COMMON FOR THE FIRST 72 HOURS AFTER... BUT GO AWAY QUICKLY.