For heart attack patients, timing is everything

SOT

Tammi Fanson, patient at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"They knew me. They knew exactly what was going on. There must have been a lot of communication even before I got there. So it was very comforting." (:11)

SOT

Doug Fanson, husband of Tammi Fanson

"The comfort that she had knowing this crew was waiting for her, it's pretty remarkable." (:08)

SOT

Jo Lehigh, registered nurse at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"Time is muscle here in the cath lab. Every minute that goes by could be tissue death." (:05)

SOT

Jo Lehigh, registered nurse at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"We send in a catheter. We go up into the heart and we shoot in contrast dye. The contrast dye helps us to visualize the artery to see where the blockage is located and how severe it is. And from there, the doctor goes in with a small balloon on the catheter and inflates the balloon. Then we'll go in with a stent and another balloon to open it up. So we have blood flow after it's all said and done."-(:24)

SOT

Tammi Fanson, patient at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"I said, 'Am I going to be OK? And she was right there assuring me that everything was going to be OK." (:09)

SOT

Jo Lehigh, registered nurse at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"I do go down and check on the patients. I make sure they're doing OK and just kind of show my face because a lot of times they can remember my name and remember my voice, but they don't really remember me or what I looked like. So I have to go down there and just kind of keep up on them and make sure they're doing OK. I think that builds a good relationship." (:19)

SOT

Tammi Fanson, patient at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"I could have easily went back to sleep that night. Don't do that. Go in [to the hospital]. Get your regular checkups. And listen to your body." (:13)

SOT

Doug Fanson, husband of Tammi Fanson

"Listen to [your health care providers]. Rely on them. Lean on them. They're experts. It helps you get through the traumatic times." (:08)

SOT

Jo Lehigh, registered nurse at OSF HealthCare Heart of Mary Medical Center in Urbana, Illinois

"The ambulance is going to have everything there that you need. They're going to have the electrocardiogram, the aspirin. They're going to have all the equipment and supplies they'd need to help make this a smooth and quicker process." (:11)