Making Anxiety Screenings Routine – Interview Transcripts

*****SOT*****

Dr. Ralph Velazquez, OSF HealthCare Chief Medical Officer

"We've known these problems have existed for a long time. We know the screening tools have been validated in multiple venues for a number of years. I think it's part of our commitment to value based care and to understand we take care of the continuum of care for patients throughout their entire life. So as they're struggling, we're going to be in contact with them. We have to help them throughout these episodes." (:23)

*****SOT*****

Dr. Ralph Velazquez, OSF HealthCare Chief Medical Officer

"Maybe the younger population is teaching us how to do that. As we get older, they're giving us cues and giving us nudges, to go in for help. And some of them are demonstrating it by going in for the help themselves if they need it and showing the benefits of their treatment." (:20)

*****SOT*****

Dr. Ralph Velazquez, OSF HealthCare Chief Medical Officer

"One other thing OSF has introduced is using online behavioral health solutions to help with this, do some cognitive behavioral therapy using your phone, using a tablet, things along those lines. So recognizing there may not be as many resources as we'd like. We have to look at other alternatives to help patients who are struggling." (:25)