

## Don't delay care with heart attack symptoms

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**Sampath Kumar, cardiologist at OSF HealthCare in Alton, Illinois**

“Heart attacks happen in an unpredictable fashion. Just because somebody has blockages [in their heart] doesn't mean they will have a heart attack.” (:06)

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“Sedentary patients tend to have fewer symptoms. And as we get older, we tend to blame things on just getting older. But I think it's important to maybe look at it from a different perspective and try to understand if there are some other causes that might be reversible that we need to look at.” (:17)