

## Drop the cigarettes, drop your lung cancer risk

Run time - :29

LEDE: November marks lung cancer awareness month. One thing about the disease is simple: stop smoking and your risk goes down. But other things are more complex. Tim Ditman of OSF HealthCare has more.

~~~

OSF pulmonologist Doctor Nishanth Vallumsetla [NEE-shawnth // val-um-SET-lah] says lung cancer doesn't always come with symptoms. So knowing when you should screen is important.

*SOUNDBITE: "You can diagnose cancers early in asymptomatic patients so you can get them to treatment early. They have more choices like radiation, surgery, immunotherapy or chemotherapy. And it can be potentially curable."*

I'm Tim Ditman.

~~~