

A warning about water beads

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LEDE: A child in Maine nearly died after swallowing a water bead toy. Now, experts are telling you to know what to do if someone chokes or is poisoned. Tim Ditman of OSF HealthCare has more.

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OSF doctor Aminat Ogun says for kids, hazards like small toys and chemicals should be kept away. Food should be small bites.

If someone is choking, know how to safely dislodge the object. There are different steps for kids under one.

*SOUNDBITE: "Do not put your hand in the child's mouth to try to get the object out. That could make it worse."*

I'm Tim Ditman.

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TAG: There are Heimlich maneuver tips on the OSF HealthCare website. If a choking or poisoning situation can't be fixed right away, call 9-1-1 and get an ambulance to the hospital.