

Transcript of Media for OSF OnCall launches at home monitoring for infants and toddlers with RSV

Dr. Mary Stapel, MD, lead physician for Community Care for OSF HealthCare Saint Francis Medical Center

RSV can often be managed at home.

"For the more common cold type symptoms, we can recommend the conservative treatments at home nasal saline with some suctioning, a cool mist humidifier you know, just kind of frequent, small feedings to optimize keeping that child hydrated." (:17)

"It's not only a hard time with staffing already, but you add the holidays, you add illness, and so I think it's going to be a challenge and I think we're already doing this here, but I think preparing for what that surge, ongoing surge with staffing, and what surge capacity looks like ... it's an important thing for every institution." (:23)

Clinical Digital Care Supervisor Rose Smith, MSN, BSN, RN

Caregivers love the program.

"They love having support anytime in the day, however they want to do it – text message, phone call, anything. They can send us pictures. We've really kind of taken that to tailor what parents need to feel comfortable taking their children home, you know, from a clinic; from the hospital during the scary time with RSV." (:17)

Program includes at home care kit

"So we have a pulse oximeter to monitor oxygen levels and their heart rate and then we have a thermometer and then we also provide saline spray, and then a bulb syringe. A lot of parents, when their babies are born, they use them in the hospital, but they might not know that they can use them to help relieve any secretions especially before feeding their children." (:24)

Video visits are available through the program

"If they think their child looks off, we just have another set of eyes. The providers will look at it (too see if they need higher level of care). Sometimes our nurses can tell the parents you know, 'We think they need to be seen. Can we do a video visit just before you take your child out especially now that it's colder out?' You know, we don't want them if they're having trouble breathing to go outside, but we really just focus on what works best to still get them the care that they need." (:23)