

Broadcast-OSF-ISU train the trainers to handle medical emergencies as fall sports approach

Anchor lead-in

As Fall sports approach, OSF HealthCare and Illinois State University teamed up to make sure high school athletic trainers are ready for any medical emergency, including heat exhaustion and heat stroke as we endure one of the hottest summers on record.

VO or Radio Package

Nearly 40 athletic trainers from area high schools participated – rotating among stations to brush up on how to appropriately perform CPR, deliver oxygen, hydrate, cool, splint and put athletes on spine boards among other medical emergencies. Joe Whitson, who manages the physicians who serve as athletic trainers and help with the stations, says doctors bring unique expertise to the field.

“That’s really a benefit that we’ve been able to provide here at OSF within the community, to be able to have those athletic trainers as resources, so that the coaches at all of our high schools have a resource to be able to lean on that’s clinically and medically trained to be able to handle those types of situations.” (:17)

The Illinois High School Association fall sports season kicks off August 11th.