

Soundbite Script – Cancer diagnosis – “All part of a bigger plan”

Terri Odell, breast cancer survivor

“That's the hardest thing for me but also the biggest benefit for me. I know that my body's very strong, and it's extremely healthy, except for that little bit of cancer that's moving through it. But it does make me feel a lot more secure that everything's going to be OK. And that's a big part of getting better is to believe in it and to keep yourself going.” (:27)

Peggy Rogers, oncology nurse navigator, OSF HealthCare

“We see it in about 15% of breast cancer patients. These patients are treated with chemotherapy and immunotherapy, and we offer genetic testing to these women who are diagnosed with these cancers because they tend to be aggressive.” (:18)

Peggy Rogers, oncology nurse navigator, OSF HealthCare

“If they don't have breast cancer, but they're diagnosed with the BRCA1 gene, we put them on heightened surveillance with a mammogram, alternating with a breast MRI every six months.” (:13)

Terri Odell, breast cancer survivor

“You know, people are asking me about breast cancer, but I try to tell them it's not about that. It's really about the BRCA gene. That's the serious part of the whole disease. And that's the part that I want to get people to understand.” (:17)

Peggy Rogers, oncology nurse navigator, OSF HealthCare

“Any woman who has a family history of three women affected with breast cancer, one under the age of 50, on the same side of the family, would be appropriate for a genetic referral. Or breast cancer and ovarian cancer is a red flag and is a good reason for a woman to come in for a risk evaluation.” (:20)

Terri Odell, breast cancer survivor

“I'm making [cancer] my marathon. It's the same kind of thinking – eating right, getting sleep and doing the best for your body.” (:13)

Terri Odell, breast cancer survivor

“It's hard to hear that diagnosis. There was a lot of sadness. I went to a few dark places, but you have to come out of it and believe there's something bigger out there. There's a bigger plan. I believe that.” (:16)