

BROADCAST- Shockwave therapy offers a non-surgical path to recovery for soft tissue injuries

ANCHOR LEAD-IN:

A Bloomington-Normal attorney says Shockwave therapy, that uses high-intensity sound waves, has been a game-changer after years of chronic Achilles (uh-KILL-ease) tendon pain.

The woman, who asked not to be identified, says other treatments and physical therapy failed to provide relief. She turned to Shockwave therapy, a noninvasive treatment that uses sound waves to stimulate healing in damaged tissue.

The attorney says the results felt almost immediate.

SOT-Shockwave patient

"It took me from not being able to enjoy being out and about and walking and doing all of the things that one does physically during the day without pain. With this treatment, I am able to enjoy all of that and be pain free. So it's really been a remarkable avenue of treatment for me." (:25)

Dr. Bryce Paschold of OSF HealthCare says Shockwave therapy encourages the body's natural healing response and has helped many patients avoid surgery for chronic tendon and soft-tissue injuries.