

Soundbite Script – Take my (bad) breath away

Breanne Gendron, nurse practitioner, OSF HealthCare

“Bad breath can be a totally benign thing, and you just need to brush more, or it could be a sign that something more serious is going on. If you are someone who has bad breath despite regular like twice daily brushing and flossing, then it would be important for you to see your dentist to make sure everything's healthy on the inside of your mouth.” (:20)

Breanne Gendron, nurse practitioner, OSF HealthCare

“We need to check the inside of the mouth first, if the dentist says everything looks good, you need to see your doctor to talk about other reasons for those issues.” (:10)

Breanne Gendron, nurse practitioner, OSF HealthCare

“When I'm thinking bad breath, I think garlic, onions, spicy food, those types of things. If you have an important afternoon meeting, those are the foods you want to avoid at lunch. I think that most of the public drinks coffee for breakfast, and I think that drinking coffee is fine.” (:19)

Breanne Gendron, nurse practitioner, OSF HealthCare

“I think using gum or mints when you're in a situation where you're going to be talking to somebody in close range, and you want to make sure your breath is good, it's fine. But it isn't something you should use on a regular basis to mask symptoms.” (:11)