

## **Hoarse whisperers: Unmasking the vocal sabotage of silent reflux**

**\*\*\*SOT\*\*\***

**Dr. Greg Ward**

**OSF HealthCare general surgeon**

**“You have these chronic voice changes or chronic cough. It’s new to you. You didn’t have it when you were 20. Now you’re 35 or 55, and you have it. That’s something that should be considered. You need to seek care and talk about it.” (:20)**

**\*\*\*SOT\*\*\***

**Dr. Greg Ward**

**OSF HealthCare surgeon**

**“When you eat, your stomach releases acid to help digest. Some of it goes forward. Some of it goes back up, especially when you’re laying down. If you’re standing up and are moving around, you don’t have the problem.” (:20)**