

'These people are friends of mine now.'

Stroke survivor thrives in tailored rehabilitation at OSF HealthCare

ANCHOR LEDE

A Fisher, Illinois, man has big goals ahead thanks to tailored rehab he's getting for a stroke suffered last Thanksgiving.

TAKE VO

Three employees at OSF HealthCare in Urbana recently got certified on the rehab. They've been working with Randy Bingner on things like walking, vision and more.

*****SOT*****

Caitlin Cleveland

OSF HealthCare occupational therapist

"People, especially when they are affected in the arm and leg, really rely on the good limb. That teaches the brain, 'oh, I can just use my good side of the body.' We want to force them to have to rely a little bit on the affected side. For example, force them to use their affected arm to reach for their purse." (:18)

VO TAG

Cleveland says it's important work, given that a stroke can rob someone of the ability to do daily tasks.

You can call the OSF facility near you to see what type of stroke rehab they offer.

Bingner, meanwhile, is looking forward to more hiking and motorcycle rides.