

Transcript of Media Clips for Talking to kids about the Kansas City parade shooting

Dr. Kyle Boerke, PsyD, director of OSF HealthCare Outpatient Behavioral Health Services

Provide a safe space for kids to share feeling

"The conversation really should be about the child. Give them permission to express their feelings. Make sure that they understand it's important for them to be expressing their opinions, their viewpoints, their feelings. We want to make sure that they are hearing from us as the parent that we care about what they think. We care about what they are feeling." (:25)

Be accurate but age-appropriate

"We want them to know the information that I am giving to them is something that they can trust is accurate. So if they are hearing me fiddle with the truth one way or another and they have a teacher at school that is having a conversations with them, that is going to put kind of a doubt in their head. So it is important to be open and honest with them at that age appropriate level. That way they know that they can trust you as a parent and your discretion."- (:29)

Model an appropriate response

"We have the ability to model how we agree with or how we disagree with something in an appropriate way, and especially in a time like this when the country is so divided, that is a really important thing for us to model – appropriate ways to disagree or have different opinions from other people." (:14)