

Highlighting Hematuria: What to look out for

OSF HealthCare Newsroom

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BROADCAST SCRIPT

INTRO:

BLOOD IN THE URINE – OR HEMATURIA – (**HEE-MUH-CHUR-EE-UH**) CAN BE FRIGHTENING. THE CAUSE COULD VERY WELL BE HARMLESS – BUT IT COULD ALSO BE A SIGN OF SOMETHING MORE SERIOUS.

TAKE VO

THERE ARE TWO TYPES OF HEMATURIA. IF YOU CAN VISIBLY SEE THE BLOOD IN YOUR URINE – IT'S CALLED GROSS HEMATURIA. IF YOU CAN'T SEE IT – IT'S MICROSCOPIC HEMATURIA – AND CAN ONLY BE SEEN UNDER A MICROSCOPE IN THE LAB.

DOCTOR UWAIS (**OOH-WAHS**) ZAID (**ZAYD**) IS A UROLOGIST WITH OSF HEALTHCARE. HE SAYS THE FIRST GOAL WHEN TREATING A PATIENT WITH HEMATURIA – IS ASSESSING THE SITUATION... THEN DECIDING A COURSE OF ACTION.

TAKE 21 SECOND SOT

“Whenever we see somebody with blood in the urine, the first goal is damage control. See what we’re dealing with. If somebody has a tumor in the bladder, the next step is surgery to scrape that tumor off and see what we’re dealing with. Is it a bladder cancer, is it an inflammatory lesion? If someone has a kidney stone, we could potentially watch it, we could treat it surgically or watch it.”

VO TAG

HEMATURIA IS NOT ALWAYS PAINFUL EITHER. BUT IF IT IS – IT'S POSSIBLE YOU HAVE BLOOD CLOTS. DR. ZAID SAYS THE CONDITION IS SEEN COMMONLY IN HIS CLINIC – JUST LIKE URINARY TRACT INFECTIONS... AND THAT SOMETIMES HEMATURIA AND U-T-IS CO-EXIST.

VO/SOT #2

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UWAIS ZAID IS A UROLOGIST WITH OSF HEALTHCARE. HE SAYS THE MEDICAL RESPONSE TO BLOOD IN THE URINE HAS BECOME MORE SERIOUS IN RECENT YEARS... AND HE DOESN'T WANT TO JUST WRITE THE SYMPTOMS OFF AS A URINARY TRACT INFECTION OR U-T-I.

TAKE 23 SECOND SOT

“Scary bladder things, like bladder cancers, were more common in men. Because historically, men had a higher risk of smoking. As we saw the gender gap decrease in smoking, you start to see these cancers increase in women.”

VO TAG

FOR WOMEN – DR. ZAID SAYS THERE ARE WAYS TO KNOW IF THE BLOOD IN THE URINE IS SOMETHING COMPLETELY SEPARATE FROM MENSTRUAL BLEEDING. IF IT’S OUTSIDE OF THE NORMAL CYCLE– IF THERE’S PAIN ASSOCIATED WITH IT – OR IF YOU SEE CLOTS COMING OUT OF THE URETHRAA... DR. ZAID RECOMMENDS SEEING A UROLOGIST IMMEDIATELY.