

Vapes and kids: Spotting them, quitting them

RUN TIME - :53

ANCHOR LEDE

Just like technology has evolved, so have things in the vaping space. The risk for cancer, stunted brain development and other serious ailments remains the same. But the look of the vapes, the sensation you get when using them and the age at which kids start vaping all are changing. Tim Ditman of OSF HealthCare has more.

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Signs that kids might be vaping include:

- Changed demeanor
- Frequently stepping away
- New odors
- New phrases. Vapes are also called hookahs, pens, tank systems and mods.

Adults should also know the changing look of vapes. They can look like computer flash drives, ink pens, key fobs, candy canisters and even handheld video games.

OSF nurse navigator Karen Boyd on broaching the subject:

\*\*\*SOT\*\*\*

Karen Boyd

OSF HealthCare cancer nurse navigator

**"Gather information. Encourage them to open up. Make it a safe place. If they don't feel comfortable talking to mom or dad, maybe try somebody at church, an older sibling, a school counselor or a teacher. Find those accountability people." (:25)**

I'm Tim Ditman.

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Visit the OSF Newsroom to see what these new vapes look like.