

Medication assisted recovery: A primer

*****SOT*****

Marla Nelson

OSF HealthCare psychotherapist

"Addiction can happen to anybody. Sometimes people get injured, and they're given an opioid that's addictive even if it's taken as prescribed." (:13)

*****SOT*****

Marla Nelson

OSF HealthCare psychotherapist

"You're not buying it on the street. You're not getting toxic level of things that can kill you." (:07)

*****SOT*****

Marla Nelson

OSF HealthCare psychotherapist

"There are a lot of people in recovery who have a history of traumatic life experiences. We might deal with that. We might change the way they think about things using cognitive behavioral therapy. So they have the medication to ease their withdrawal. And they have the therapy piece to learn new skills to live a productive life. It all really helps." (:29)

*****SOT*****

Marla Nelson

OSF HealthCare psychotherapist

"I would see people going back to work, reuniting with family members who had to cut them out of their lives, getting married and having families of their own." (:13)