

Vapes and kids: Spotting them, quitting them

*****SOT*****

Karen Boyd

OSF HealthCare cancer nurse navigator

"Nicotine is a drug, and it's addicting. Vapes can use other chemicals. They can use cannabis. Vapes aren't regulated by the U.S. Food and Drug Administration. So you don't know how much nicotine could be in there." (:22)

*****SOT*****

Heather Thompson

OSF HealthCare breast health navigator

"They want to go smoke because they're addicted already. They need that time. They have to go hide. Same thing at home. They constantly go to their room or bathroom." (:12)

*****SOT*****

Karen Boyd

OSF HealthCare cancer nurse navigator

"Gather information. Encourage them to open up. Make it a safe place. If they don't feel comfortable talking to mom or dad, maybe try somebody at church, an older sibling, a school counselor or a teacher. Find those accountability people." (:25)

*****SOT*****

Heather Thompson

OSF HealthCare breast health navigator

"Working on oncology, we see the back end. We see patients who have been 30-year smokers. They have a CT scan, and they find an abnormal mass. So we try to catch them early. We have younger patients who are seeing their primary care provider. Their provider says they've been smoking for five years, and they put the referral in. Well, we just saved them 25 years of smoking if we can get them to stop now." (:28)