

Talk to your kids about huffing (again)

With social media influencing kids now more than ever, it's a good idea to recap the dangers

SOT

Dr. Justin Rapoff [RAP-off]

OSF HealthCare emergency medicine physician

"Inhalant abuse is common because these are things that are easily found in your house. They're underneath your kitchen sink and in your garage and bathroom. These are cheap and easy to find for kids." (:10)

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OSF HealthCare emergency medicine physician

"You can have cognitive difficulties and even dementia [later in life]. You can have bone marrow suppression and anemia. You can have abnormal coordination." (:07)

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"Inhalants hit similar receptors to those hit by alcohol. It causes a similar intoxication, which lasts around two to 30 minutes." (:09)