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Flu is affect younger people more severely this year:

In the younger populations are more apt to not come in right away if they have influenza they'll stay in the bed to drink fluids, Tylenol/ibuprofen. We're seeing this year it's not working you need to be seen by your primary care physician or to the emergency department if you have signs or symptoms of influenza because again the strain we're seeing this year seems to be more serious than in years past.

Get a flu shot:

People are still dying, we're seeing younger patients die more so than we ever have before this year. If you have not got a vaccine please go get a vaccine. It takes two weeks for your body to build your immune system to it so the sooner you can get it the better it's not too late you still need to get an immunization to influenza.

This year is bad:

This is a bad time is bad 2009 was bad as well with H1N1 but this one is very bad again because it was so widespread it really put a strain of all resources and only with getting low on immunizations but also getting all of the treatment for influenza which is Tamiflu... because everywhere across the country needed it at the same time so this year is bad