

Soundbite script -The long run back

Brent Holcomb, runner/patient

"It's tough because, like a 5K or 10K you're working on faster running, but something like 100 miles, 200 miles, it ends up just being slower paced running, hiking a lot of hills," he says. "So, it's a different type of training." (:16)

Brent Holcomb, runner/patient

"During that first few miles I can't smell, can't taste, something doesn't seem right. I continued for at least 85 miles and then started coughing up blood. I had to stop at that point." (:21)

Brent Holcomb, runner/patient

"I felt like I was going to die. I couldn't carry my daughter around, and she was a baby at that point. I couldn't walk upstairs from the parking lot. I was super short of breath, super dizzy. It was hard for me to do my job. I kind of just gritted through it." (:19)

Dr. Amith Jacob, pulmonologist, OSF HealthCare

"What that means is anyone who has an infection, it can affect their airways, particularly their smaller airways, and can cause them to have what we describe as asthma-like symptoms or COPD-like symptoms. It makes them short of breath and causes them to have decreased functional tolerance. It can be associated with high heart rates when they are trying to do an activity that is strenuous, or even day-to-day activities. That was what was happening with Brent." (:37)

Dr. Amith Jacob, pulmonologist, OSF HealthCare

"I was very happy to know that he was able to run an entire marathon. Because that shows not only that the medicines are doing what they should be, but that he remains motivated to get better and get back to living to his fullest capacity." (:22)

Brent Holcomb, runner/patient

"The main thing is I needed to be here for my family, and that became my priority. So, if I never ran again, that was OK. But by the grace of God and Dr. Jacob, I was able to get back, and I have gotten better. And that's just a bonus at this point, that I have been able to get back to my hobby." (:17)