

Brrrrrrrrrr!

*****SOT*****

**Maddy Draper (DRAY-per), APRN
OSF OnCall**

“There are different stages. The first is our natural response of shivering. It gets more severe. The person may get confused and have lethargy, memory loss and slurred speech. It can lead to a coma and death.” (:18)

*****SOT*****

**Maddy Draper (DRAY-per), APRN
OSF OnCall**

“The room may be too cold, and they’re not dressed appropriately. If they’re in a bassinet or crib with just a onesie and it’s cold, that can lead to hypothermia.” (:08)

*****SOT*****

**Maddy Draper (DRAY-per), APRN
OSF OnCall**

“It’s not as fast as possible. It’s not as hot as possible. It’s just that gradual warming. Get off your cool or wet clothes immediately. You don’t want to stick your hands or feet into hot, steaming water. Just warm water.” (:15)