

Don't lose your head over lice

SOT

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"If someone ignores it, it can lead to infections and open sores. The insects are going to keep biting the same spot, and the person is going to keep scratching the spot." (:19)

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"For girls with long hair, it can take a long time. Start at the scalp and go down to get the nits and lice onto the comb. Clean the comb, and go back through another section." (:22)

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"Spray the couches, bedding and floors with sprays that are for lice. You have to vacuum. You have to bag every stuffed animal for at least two weeks to suffocate the lice. Take the sheets off the bed every day and dry them on high heat until you know the lice are gone." (:28)

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"Dirty hair or clean hair. Lice can go to both. But if you have dirty hair, lice won't like that. With clean hair, there are no oils and buildups of hair products. The lice can more easily attach themselves." (:16)