

Soundbite script - The bond between mother and baby

Dr. Casey Sager, OB/GYN, OSF HealthCare

“I was not surprised by the results of this study. I think it was a small study that had a good conclusion as far as the positivity of an epidural and how it can increase the maternal/infant ability to bond after the delivery because the patient is more comfortable. They can focus on the baby instead of the discomfort or pain that they experienced during labor.” (:26)

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“The mother and her care team participate together to decide timing of the epidural and whether it's needed or warranted at all, but most of the time, the patient has a lot of autonomy in that decision.” (:14)

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“I think that mom can focus on the emotions of welcoming the baby into the world instead of the pain that she just endured and that she might still be enduring after delivery because it isn't as simple as the baby is out and everything is good. There are still placenta and repairs and other things that happen that can be distracting. Whereas if the mother is comfortable, she can focus on baby bonding and skin to skin time versus other things that are happening.” (:28)

Dr. Casey Sager, OB/GYN, OSF HealthCare

“Some feel like they can do it without medication. Whatever choice is best for the patient is supported by the team as well.” (:9)