

Women's health screenings to know

ANCHOR LEDE: It's important for women to keep track of health screening recommendations. Early detection of issues like breast cancer can mean a better outcome.

TAKE VO

Since everyone's situation is different, you should talk to your health care provider about what screenings are right for you and when to get them. But Deena Brown, a board-certified family nurse practitioner at OSF HealthCare, says there are a few screenings every woman should know. Those include breast cancer, cervical cancer, colon cancer and osteoporosis.

*****SOT*****

Deena Brown, OSF HealthCare provider

"It's all individualized. There are these screening recommendations, but we like to take a personalized approach to care and help address issues as soon as we can." (:10)