

Shaun Livingston – NBA star soundbites

Why he comes back every year to visit OSF HealthCare Children’s Hospital of Illinois :29

It’s just important to tap in to the community. Obviously with the work that Children’s Hospital has been doing over the years it’s special and this means a lot, it means a lot of the kids to come in and spend time with them, just to see the look on their faces when you walk in the door not knowing what they go through on a day-to-day basis. So just to be able to share those experiences with them means a lot.

Visits add a nice balance to his life :29

It balances everything out because, whether it’s basketball or just the day-to-day life pressures, you realize that there’s more to it. There’s more to just start your job or your work, right? Getting up each day enjoying our health, the little things like that that you sometimes take for granted. So this is a good balance just to come back and share experiences with the kids that are maybe going through tough times.

Never know the impact you have on a person but even a simple act like a visit :29

You just never know how you can impact somebody. You don’t know, again, what they’re going through on their day-to-day basis, on their journey and you don’t know sharing five minutes with somebody may change their life, change their mentality, their mindset. They’re going through a lot of physical limitations or things that nature so just to bring some emotional joy or something that might spark a turnaround.