

## Women's health screenings to know

Run time - :30

**ANCHOR LEDE:** It's important for women to keep track of health screening recommendations. Early detection of issues like breast cancer can mean a better outcome. Tim Ditman of OSF HealthCare has more.

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Since everyone is different, you should talk to your provider about what screenings are right for you and when. But OSF provider Deena Brown says there are a few every woman should know. Ask about breast cancer, cervical cancer, colon cancer and osteoporosis.

**\*\*\*SOUNDBITE\*\*\***

**Deena Brown, OSF HealthCare provider**

**"It's all individualized. There are these screening recommendations, but we like to take a personalized approach to care and help address issues as soon as we can." (:10)**

I'm Tim Ditman.

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ANCHOR TAG: For more on women's health visit [osfhealthcare.org/women](https://osfhealthcare.org/women).