

Soundbite Script – Late to the party when it comes to allergies

Breanne Gendron, nurse practitioner, OSF HealthCare

"People will have them as kids and sometimes grow out of it. Then the alternative happens, where something starts bothering you as you age. That's when we teach you about all the different medications you can use to control your symptoms." (:13)

Breanne Gendron, nurse practitioner, OSF HealthCare

"The dilemma about having untreated allergies is that you can get extra congestion in your sinuses, which could lead to a sinus infection. When you get pressure in your face, and you generally feel a little rundown, then we want to treat you for that." (:13)

Breanne Gendron, nurse practitioner, OSF HealthCare

"Once the medication gets your symptoms to calm down, you can generally keep it in check with less medication." (:8)

Breanne Gendron, nurse practitioner, OSF HealthCare

"If you are bothered by something in the environment and you know that it bothers you, such as mowing the grass or raking leaves, do yourself a favor by wearing a mask to prevent yourself from breathing in more allergens. And take your allergy pills before you do those things, to make sure that you're going to have less of a reaction." (:22)