

## **Pediatric Rehab soundbites**

### **Saundi Pugh, Physical Therapist – OSF HealthCare Children’s Hospital of Illinois**

#### **With lack of therapy, has seen some kids regress because therapists challenge the kids differently**

We challenge them a little differently than they are challenged at home, making them do a little bit harder things. So that keeps them on their toes and working harder. :12

#### **Therapy sessions are good for the parents, too**

It's been positive for the parents, too, because it's really stressful for a parent and the parent with special-needs it's even more so. So they're having to do not only all the stuff they normally do but then extra stretches and extra stuff to make up for the activity they're not getting so it's nice for them to have a little bit of coming in and getting reassured. :17

### **Sarah Harper, mother of Abigail, 8, who receives physical therapy**

#### **Delay of therapy due to COVID-19 has set her daughter back**

It's just sad to see her legs get tighter because now she does have to get some serial casting done where they'll put casts on her legs to stretch her and I feel like if we had been getting therapy through school and outside through OSF I said that like we would not have to be to do that because we've never had to do that before. So even the limited amount I can do at home is just not enough she needs that extra boost of therapy. :25

#### **Safety of therapy space is evident**

It's very clean and everyone always has her mask sign they take her temperature I like that the waiting room but there's not a lot of people in the waiting room it's like spaced out so you don't feel like you're sitting like right on top of other people. :14