

Is a Mammogram included in your New Year Resolutions? *(Interview Transcripts)*

Jilma Patrick, M.D., fellowship-trained breast surgeon, OSF HealthCare

“I prefer women start screening at age 40 if they are average risk. So what does average risk mean? It means that you don’t have any family members with a history of breast cancer or you do not have any family members with a known hereditary gene mutation that makes you more susceptible to breast cancer. If you are considered high risk, then it’s a little bit different and you may need more frequent surveillance.” (:29)

Jilma Patrick, M.D., fellowship-trained breast surgeon, OSF HealthCare

“Breast cancers are more commonly found sporadically. And what that means is many women who are diagnosed with breast cancer have no family history of breast cancer. So we know that women need to be screened whether or not you have a family history of breast cancer.” (:18)

Jilma Patrick, M.D., fellowship-trained breast surgeon, OSF HealthCare

“This is a type of cancer that does not have the estrogen, progesterone, or HER-2 receptors. These types of cancers are known to be more aggressive. Usually when women develop these types of cancers, it’s at an earlier age in life. And many women who have this type of cancer also are known to have the BRCA-1 gene mutation. This is a type of cancer that we see more commonly in minorities such as African American women or Hispanic women.” (:31)

Jilma Patrick, M.D., fellowship-trained breast surgeon, OSF HealthCare

“If you have a lump in your breast, if you notice a nipple discharge, if you notice any skin changes or you notice the shape of the breast, that it’s asymmetric or it changed from the other breast – anything that looks a little different, these are things that we would want to evaluate just to ensure that there is nothing that we need to be more concerned about.” (:20)

Jilma Patrick, M.D., fellowship-trained breast surgeon, OSF HealthCare

“Breast cancer treatment in general has evolved tremendously over time, and our treatment options that we have are a whole lot better than what we had 50 years ago. Women are living longer periods of time with breast cancer after they’ve been treated.” (:18)