

BROADCAST- Non-invasive spine surgery offers hope after years of pain

ANCHOR LEAD-IN

More than 72 million adults suffer from chronic low back pain specifically, making it a leading cause of disability and work limitations. Now, OSF HealthCare is offering a surgical solution that is non-invasive and is changing lives.

VO or Radio Package

Thirty-six-year-old Tyler Stratman of Clinton, Illinois, had bulging disc that forced him to stop running. Eventually he even had trouble even walking short distances. After trying physical therapy, injections and other treatments without relief, Stratman was referred to neurosurgeon Dr. Sohail Syed, **(pronounced so-HAIL SIGH-ed)** who specializes in endoscopic spine surgery at OSF HealthCare.

The procedure uses a small camera and specialized instruments to treat spinal conditions through a narrow pathway, avoiding the need for traditional open surgery.

Dr. Syed says that approach makes a big difference for patients.

SOT-Dr. Sohail Syed

"Non-invasive surgery allows a surgeon to make only small incisions while minimizing damage to surrounding tissue." (:10)

Stratman underwent the procedure at OSF HealthCare St. Joseph Medical Center in Bloomington and noticed relief almost immediately. He was able to return home the same day and begin his recovery.

Now, just months later ...

SOT-Tyler Stratman, non-invasive spine surgery patient

"I'm better than I've ever been. I feel stronger than I ever have. My mobility is better than it ever has been. I feel more flexible and [I'm] sleeping fantastic." (:12)

Doctors say while recovery times can vary, minimally invasive techniques can help reduce pain and shorten recovery for many patients.