

## Women's health screenings to know

\*\*\*SOT\*\*\*

Deena Brown, board-certified family nurse practitioner at OSF HealthCare

**"If the bone density is low, we can initiate treatment with medication to help increase the strength of the bones. This helps prevent future fractures and debility for women." (:12)**

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**"It's all individualized. There are these screening recommendations, but we like to take a personalized approach to care and help address issues as soon as we can." (:10)**