

What to know about RSV this winter

Run time - :33

ANCHOR LEDE:

RSV is expected to be a problem again this winter. For most, the virus brings moderate symptoms. But for high-risk groups, RSV can be serious. Tim Ditman of OSF HealthCare has more.

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OSF pulmonologist Hannah High says high-risk includes young kids, older adults and people with health problems.

She says it's important to follow the latest vaccine guidance. Talk to your primary care provider about if the RSV vaccine is right for you this winter.

**\*\*\*SOT\*\*\***

**Hannah High, APRN  
OSF HealthCare pulmonologist**

**"A lot of vaccines have been thrown at us the last couple years. People may be hesitant. But the RSV vaccine is a good one. I would recommend it." (:08)**

High says, if you can, space out your vaccines this winter.

I'm Tim Ditman.

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