

## Laser ablation helps keep AFib at bay

\*\*\*SOT\*\*\*

Dr. Abraham Kocheril [COACH-er-ul], OSF HealthCare cardiologist

**"We put a ring of scar around the pulmonary vein so the AFib triggers don't make contact with the rest of the atrial muscle." (:07)**

\*\*\*SOT\*\*\*

Dr. Abraham Kocheril [COACH-er-ul], OSF HealthCare cardiologist

**"As the balloon expands, it pushes away the blood. You can see the vein all the way around. That's our target." (:08)**

\*\*\*SOT\*\*\*

Dr. Abraham Kocheril [COACH-er-ul], OSF HealthCare cardiologist

**"When we're ablating AFib, we want to give the atrium time to heal. We want the inflammation to resolve. We want to give it time to heal and shrink. That process can take up to three months." (:14)**

\*\*\*SOT\*\*\*

Dr. Abraham Kocheril [COACH-er-ul], OSF HealthCare cardiologist

**"Generally speaking, the younger you are, the more likely you are to feel an irregular heartbeat. Older folks sometimes don't feel it." (:07)**