

## **Diabetic foot ulcers should be treated early**

*Cases that are far along may have serious consequences*

Run time - :36

**ANCHOR LEDE:** One in four diabetics may develop a foot ulcer, or an open sore or lesion that doesn't heal quickly. They can have serious consequences if not treated quickly. Tim Ditman of OSF HealthCare has more.

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OSF wound care provider Teresa Mejorado [may-hore-AH-doh] says the first treatment is removal of dead tissue. Serious cases involve medicine and time in a hyperbaric chamber to promote healing. The last resorts are surgery or foot amputation.

Mejorado says to avoid ulcers, keep up with your diabetes symptoms, and don't walk barefoot.

**\*\*\*SOT\*\*\***

**Teresa Mejorado [may-hore-AH-doh], OSF HealthCare wound care provider**

**"If people have neuropathy, they're not going to know they have a sore until it's too late. We've seen people with burns. They may have a nail or glass embedded in their foot. They walk around and never know it. It may become infected and become a bad situation." (:20)**

I'm Tim Ditman.

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**ANCHOR TAG:** Your footwear should have room for feet and toes, plus padding for when you walk and run.