

The power of listening

When helping someone with a terminal illness, sometimes just listening is the best medicine

ANCHOR LEDE

It's a gut punch to get a terminal illness diagnosis. But there are ways to support those folks.

TAKE VO

Rita Manning is a bereavement coordinator at OSF HealthCare. She suggests to simply listen. Don't try to rush the conversation. You can also try tangible tasks like helping the person with yard work or groceries.

SOT

Rita Manning, OSF HealthCare bereavement coordinator

"We just want to honor your wishes. If you could help us understand what those are, that would help us to know how to move forward." (:12)

VO TAG

There are special considerations when talking about death with kids. Visit the OSF Newsroom for more.