

More than moles

Doctors want you to know all types of skin lesions so you can be vigilant for cancer and other issues

ANCHOR LEDE

Summer means outdoor activities and a reminder to watch for suspicious moles, a possible sign of skin cancer. But doctors say skin lesions come in many forms, and you should know when to get an expert opinion.

TAKE VO

OSF HealthCare surgeon Doctor Raman Kumar says a lesion is any type of abnormal growth. That could be something simple, like a freckle that's not harmful. Or, it could be a blister, skin tag, rash or bug bite.

In some cases, doctors can remove the lesion in the office while sending a sample to the lab to see if it's something serious, like skin cancer.

Prevention of these pesky lesions includes limiting U-V ray exposure, wearing bug spray, and washing your body regularly.

SOT

Dr. Raman Kumar (RAH-mahn // koo-MARR)

OSF HealthCare surgeon

"Don't overclean. If you scratch your skin, that allows bacteria and other things to get into your skin and cause infections." (:09)

VO TAG

You should also know the A-B-D-C-Es of suspicious moles. If the mole has changes in asymmetry, border, color, diameter or is evolving, see a health care provider. You can even take pictures to show the provider the changes.