Soundbite script - No lip service when it comes to oral cancer

Deborah Oyelowo, Family Nurse Practitioner, OSF HealthCare

"It can be a little mouth sore. Oh, maybe I bit my tongue or have a little bump on my lip or a bump on the back of my throat. Or I can feel this bump under my tongue. There could be bumps or there could be something else brewing that we have no idea." (:17)

Deborah Oyelowo, Family Nurse Practitioner, OSF HealthCare

"I believe it's due to the fact that men tend to smoke more, drink more and lack follow up appointments with providers. Men tend to procrastinate; they tend to be like, 'Oh, we're good.' I believe that's the reason why the increase in this population is on the rise." (:20)

Deborah Oyelowo, Family Nurse Practitioner, OSF HealthCare

"Smoking is one of the worst things you can invest in. I tell people who smoke to 'try and stop.' Because smoking is attributed to many forms of cancer and oral cancer is one of them." (:19)

Deborah Oyelowo, Family Nurse Practitioner, OSF HealthCare

"Know when something is not right. Have a regular routine checkup with your dentist. And follow up with your doctor when something is not right. I need patients to have an established relationship with a doctor." (:15)