

Breast cancer in men: Yes, it can happen

ANCHOR LEDE

This Breast Cancer Awareness Month, health care providers are reminding you that, while it's rare, the ailment can affect men.

TAKE VO

Heather Thompson is a breast cancer survivor who's now a breast health navigator at OSF HealthCare. She says men don't need regular mammograms like women. But they should keep an eye on their chest for inverted nipples, lumps, redness or achiness.

Treatment would involve surgery to remove the breast tissue.

SOT

Heather Thompson

OSF HealthCare breast health navigator

"There's not much tissue that a man has. We will still test those lymph nodes during surgery to make sure the cancer hasn't spread. After that, there's special testing called oncotype. If it's a high score, those people sometimes have to have chemotherapy or radiation." (:28)

VO TAG

You should also know your family history of cancer and avoid unhealthy habits like smoking and alcohol use.