

Vapes and kids: Spotting them, quitting them

ANCHOR LEDE

Just like technology has evolved, so have things in the vaping space. The risk for cancer, stunted brain development and other serious ailments remains the same. But the look of the vapes, the sensation you get when using them and the age at which kids start vaping all are changing.

TAKE VO

Signs that kids might be vaping that parents and teachers should watch for:

- Changed demeanor, like mood swings
- Frequently stepping away, like asking to go to the restroom a lot at school
- New odors coming from your child or their belongings
- Listen for kids using new phrases. Vapes are also called hookahs, pens, tank systems and mods.

Adults should also know the changing look of vapes. they could be in plain sight in your child's room, and you could miss them. Vapes can look like computer flash drives, ink pens, key fobs, candy canisters and even handheld video games.

SOT

Karen Boyd

OSF HealthCare cancer nurse navigator

"Gather information. Encourage them to open up. Make it a safe place. If they don't feel comfortable talking to mom or dad, maybe try somebody at church, an older sibling, a school counselor or a teacher. Find those accountability people." (:25)

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Visit the OSF Newsroom to see what these new vapes look like.