

Living rent-free: Tips for mold in your home

*****SOT*****

Dr. Andrew Zasada

emergency medicine physician at OSF HealthCare

"There are steroids taken through the nose or mouth. There are antihistamines. There are anti-mold antibiotics, but cases are usually not that severe." (:16)

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"A fungus likes to grow in areas that are damp, dark and have a stable room temperature." (:10)

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"Bleach and water in a one to 10 ratio is actually very effective in removing mold. If you can spot one area that's less than 10 square feet or so, you can clean that yourself. But if you don't see one area and you're still having symptoms, it might be time to call a professional mold remediator." (:26)