

Media Transcript

Dr. Robert Seidl, OSF HealthCare Orthopedic Surgeon and Medical Director for ISU Athletics

So, we've talked about concussion management. We've talked about certain medical screenings such as myocarditis, which is certainly at the forefront. We've talked about virtual training could be for physician or nurses, putting in certain implements of devices. Those can practice in a virtual reality setting so that their first couple patients are not exactly their first which is quite helpful. (:23)

Jerri Beggs, Illinois State University Interim Athletics Director

"I think this one is just that extra added opportunity for student athletes again, some of those maybe who wouldn't have gone into the office, who might now take advantage of meditation or mindfulness. The platform provides mental health checks like how are you feeling today? I think there's just a unique opportunity in this platform that we didn't have prior." (:22)

"They're also very visible on social media and that puts pressure on them to perform we've had recent changes at the NCAA in terms of transferring transfer portal and il name, image and likeness. And that just adds on to their plate more and more and more pressure." (:15)