

When bug bites turn serious

ANCHOR LEDE

Warmer temperatures bring the return of pesky insects, especially at dusk. Experts say while most bug bites are not serious, there are times when you need to see a health care provider immediately.

TAKE VO

OSF HealthCare doctor Andrew Zasada says bites from black widow or brown recluse (reh-CLUSE) spiders bites are more concerning, and you should go to your local urgent care immediately.

For more minor bug bites like a bee or ant, you can use at-home remedies.

SOT

Dr. Andrew Zasada, OSF HealthCare

“Put some ice on the bite site. Wash it gently. Put a little calamine or hydrocortisone on it. Keep it elevated.” (:09)

VO TAG

Leave the wound alone and let it heal. If symptoms worsen quickly, you develop an allergic reaction, or the bite doesn't heal over time, see a doctor.

Also watch out for insects in dark, dusty areas, like when you're cleaning out a garage. Shake things off before handling them.