

Calluses: Handle with care

*****SOT*****

Dr. Marc Leonard

OSF HealthCare podiatrist

"If that callus builds up enough, puts pressure underneath the skin and breaks the skin down, it can cause ulcerations that can lead to infection or amputation." (:09)

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"Here at the office, we'd trim the callus down. We'd try to get the person a way to manage it on their own once we get past the large, painful area. They can then manage it better using that pumice stone on a regular basis." (:15)